

Why the Seven Principles Are Universal

Posted on June 20, 2025 by Rhyan Hyroc

The Laws Beneath All Laws

The Silent Engine Behind All Systems

What do alchemy, astrology, quantum mysticism, psychological shadow work, and manifestation theory have in common?

They all function — whether they realize it or not — by **the Seven Hermetic Principles**.

The reason the teachings of *The Kybalion* endure is not because they belong to a particular belief system, but because they describe **how reality operates**, regardless of belief. They are the **spiritual physics** of the universe — subtle, precise, and impersonal. These principles exist whether you acknowledge them or not, just as gravity exists whether or not you understand it.

Unlike rules, which are created by cultures or ideologies, **principles are built into the fabric of existence**. They do not ask for your permission. They do not adjust to your mood. They function at the level of **source-code**.

The Seven Principles at a Glance

You will study each of these in depth, but for orientation, here they are:

1. **Mentalism** – *The All is Mind*

Reality arises from consciousness. Everything begins with thought.

2. **Correspondence** – *As above, so below*
Patterns repeat across planes. Inner and outer worlds mirror each other.
3. **Vibration** – *Nothing rests, everything moves*
All things vibrate, and different rates of vibration determine form and experience.
4. **Polarity** – *Everything is dual*
Opposites are extremes of the same essence. Transformation lies in shifting degrees.
5. **Rhythm** – *Everything flows in and out*
Life moves in cycles and tides. Understanding rhythm allows mastery of timing.
6. **Cause and Effect** – *Every cause has its effect*
Nothing happens by chance. All events unfold from specific energetic roots.
7. **Gender** – *Gender is in everything*
Masculine and feminine energies exist in all creation. Balance is generative.

These are not “moral” principles. They are **mechanical truths** of spirit and matter. You are not being asked to worship them — only to learn how to **cooperate with them**. Like a martial artist harmonizing with momentum, your success depends on **working with the current**, not against it.

From Mysticism to Neuroscience: The Reach of Hermetic Law

You don't need to wear robes or chant in temples to live by Hermetic law.

If you've studied cognitive behavioral therapy, you've touched **Mentalism**. If you've practiced breathwork to reset your nervous system, you've applied **Vibration**.

If you've noticed how toxic beliefs attract toxic partners, you've witnessed **Correspondence**.

If you've used journaling to transform anger into clarity, you've engaged **Polarity**.

The Hermetic Principles are already operating in your life.

The question is: are you using them **on purpose**?

When you internalize these laws, you stop fumbling in the dark for spiritual tools. You start designing your growth, your healing, and your creations from **a foundation that never changes** — no matter what system, culture, or era you're in.

Why Universal Doesn't Mean Uniform

To call these principles “universal” does not mean everyone experiences them the same way.

Just as gravity applies to everyone but affects a child and a mountain differently, **Hermetic law adjusts to your state of consciousness**. The higher your frequency and awareness, the more gracefully you can work with them — and the more powerful their results.

This is why Hermetic teachings must be practiced.

Knowledge without alignment is like a map without terrain.

You can read about Polarity, but until you've emotionally transmuted fear into action, you have not integrated it.

That is the purpose of this course: to **help you live each law from the inside out**, not just conceptually.

What Happens When You Violate the Laws

You cannot break the Seven Principles — but you **can be broken by ignorance of them**.

When you try to manifest without understanding Cause and Effect, you create short-lived results.

When you fight against life's rhythms instead of riding them, you burn out.

When you deny the principle of Polarity, you swing between extremes without mastery.

When you reject Gender energetically, you block the union that leads to creation.

In this sense, suffering is not random. It often arises from **friction between your will and universal design**.

By recognizing and aligning with the laws that already govern existence, you stop wasting energy — and start producing **clear, elevated, sustainable results**.

Why the Kybalion Format Is So Sparse

You may have noticed that *The Kybalion* does not elaborate at great length on each principle. It introduces them in a few pages each, using analogy, paradox, and repetition.

This is intentional.

The authors understood that **truth grows with the mind that holds it**. If they gave you pages of dogma, your understanding would be confined to their interpretation. Instead, they plant seeds — and ask you to water them through experience.

This course expands upon those seeds. But the wisdom still grows inside you. **You are the fertile soil**. Each lesson, ritual, and reflection will deepen your resonance with these laws, so they become not concepts, but **extensions of your being**.

The Role of the Initiate

To be an initiate of Hermetic law is not to memorize doctrines — it is to **harmonize with universal order** in thought, word, and action.

You are not here to pass a test. You are here to **transmute your life**. To do that, you must begin to see through the Hermetic lens:

- Every reaction you have reveals Polarity.
- Every challenge you face contains a rhythmic lesson.
- Every synchronicity whispers the Law of Correspondence.
- Every decision you make initiates a new cause.

The Seven Principles are **in operation always**. The Hermetic initiate is the one who recognizes them, and then acts **with precision, responsibility, and spiritual poise**.

What This Means for You

You are not just studying ideas.

You are **stepping into attunement with cosmic design**.

You are training yourself to perceive, interact with, and direct the energetic mechanics of the universe.

This is not an overnight process — but every step is a **return to natural law**, and a **release from artificial confusion**.

From this point on, you will no longer ask, *“Why is this happening to me?”*

You will ask, *“Which principle is at play — and how do I respond?”*

That is the birth of sovereignty.

And sovereignty is the soul of Hermetic mastery.

Homework & Practice

1. **Reflective Writing Prompt**

“Which of the Seven Principles am I most resistant to — and why?”

Write openly and with curiosity. Resistance often marks the exact place where transformation waits.

2. **Observation Exercise**

Choose one principle (e.g., Rhythm or Polarity).

For 3 days, track every instance in your life where that principle reveals itself.

Record your observations in your Hermetic Journal.

3. **Mantra Practice**

Repeat aloud in a calm state:

“I open myself to the laws beneath all systems. I walk with the mind of the initiate. I act in rhythm with the All.”

Repeat daily for 7 days.