



Ritual to Remove the Evil Eye

Posted on March 11, 2025 by Rhyan Hyroc



Understanding the Evil Eye and Its Harmful Influence

The **Evil Eye** is one of the most ancient and insidious forms of **negative energy**, believed to bring misfortune, stagnation, and unseen disturbances into one's life. It is not always cast with intent—sometimes, **envy, resentment, or jealousy** from others is enough to create an energetic burden that weakens vitality, disrupts luck, and manifests as **persistent bad luck, fatigue, or inexplicable obstacles**.

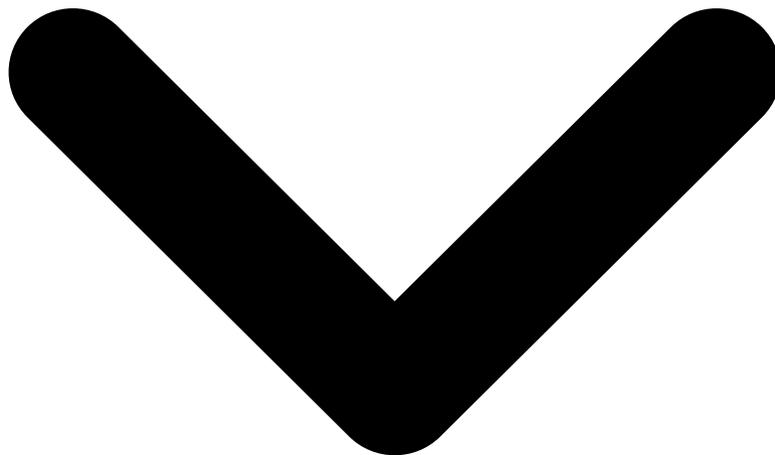


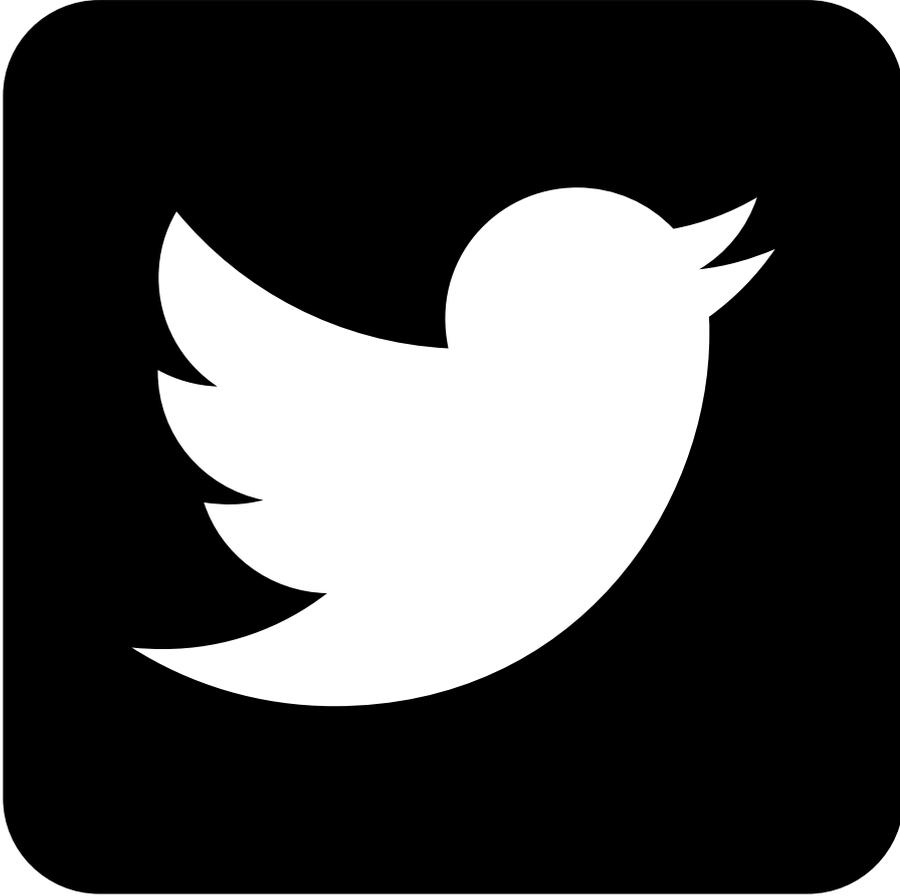
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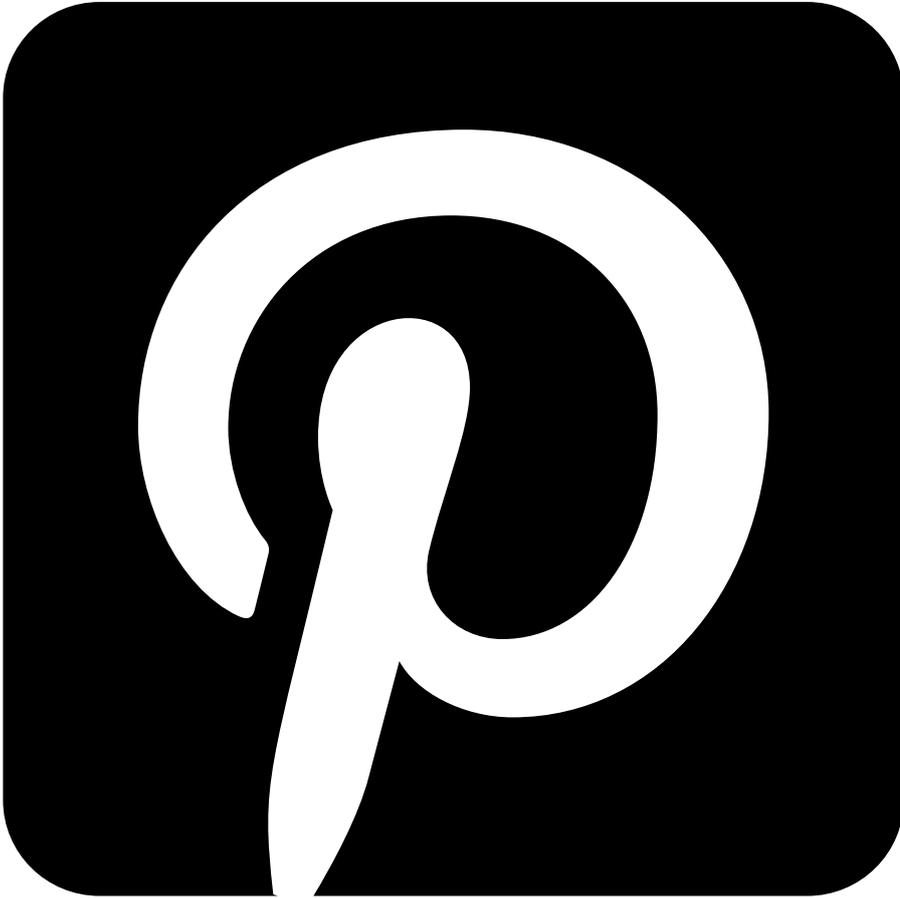
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Ritual to Remove the Evil Eye



Ritual to Remove the Evil Eye





Many cultures recognize the **Evil Eye as an invisible curse**, an affliction that drains energy and leaves the affected feeling lost, anxious, or weighed down by unexplained negativity. Unlike direct spellwork, the **Evil Eye often lingers in the background**, subtly influencing circumstances, emotions, and overall well-being without clear cause.

Removing it is essential for restoring **personal power, mental clarity, and spiritual protection**. To break its influence, one must **purify their energy, seal their aura, and strengthen their spiritual defenses**, ensuring that external negativity can no longer penetrate their life force.

The Effects of the Evil Eye and Signs of Its Presence

The **Evil Eye is not always immediately visible**, but its effects accumulate over time, creating a pattern of **spiritual, emotional, and physical exhaustion**.

Those afflicted may experience:

- **Persistent misfortune** – A series of bad luck, failed ventures, or missed opportunities.
- **Sudden exhaustion and weakness** – Feeling drained despite proper rest, as if one's energy is constantly being depleted.
- **Unexplained anxiety or emotional distress** – A sense of unease, paranoia, or negative thoughts without reason.
- **Physical symptoms without medical cause** – Frequent headaches, dizziness, or a feeling of heaviness around the shoulders and chest.
- **Blocked spiritual connection** – An inability to manifest, connect with intuition, or sense spiritual guidance.

The Evil Eye is like a **silent shadow**, lingering unnoticed but **interfering with one's ability to thrive and move forward**. Recognizing it is the first step; removing it requires **deliberate action, cleansing, and protection**.

Why This Ritual is Necessary for Breaking the Curse

The **Evil Eye thrives on energy imbalances**, weakening one's natural aura and making it easier for **negative influences to persist**. The longer it remains, the stronger its hold, affecting **every aspect of life, from finances to relationships, mental health, and spiritual progress**.

Performing this ritual cleanses the **energetic field**, dismantling the negativity and **breaking the connection to envious or harmful forces**. It seals the aura, preventing further intrusion and allowing **one's natural energy to regenerate fully**.

This ritual is for those who:

- Feel as though **nothing is going right, despite their best efforts**.
- Experience **recurring jealousy or hostility from others**.
- Suffer from **spiritual blockages, loss of motivation, or unexplained fatigue**.

- Seek to **purify their energy and restore balance to their life.**

Once completed, the **curse is broken, energy flows freely again, and protection is reinforced**, ensuring that negative influences **cannot easily return.**

The Ritual to Remove the Evil Eye and Restore Protection

Preparation and Sacred Offerings

To remove the **Evil Eye**, one must create a space of **pure energy**, calling upon the **elements of fire, water, and earth** to dispel negativity and restore balance. The following items are essential:

- **A black candle and a white candle**, symbolizing the removal of darkness and the restoration of light.
- **A bowl of purified water with sea salt**, representing the dissolution of harmful energy.
- **A sprig of fresh rosemary or bay leaves**, sacred herbs of purification and protection.
- **A small mirror**, to reflect and deflect the negativity back to its source.
- **Charcoal or protective incense** such as frankincense, myrrh, or rue.

Creating the Ritual Space

Perform this ritual **at night**, when the veil between the physical and spiritual realms is thin, allowing for a stronger release of **negative energy**. If possible, choose a **quiet, undisturbed place**, either outdoors under the moon or in a dimly lit room.

Set the **black candle to the left** and the **white candle to the right**, placing the **mirror between them** to symbolize the reflection and removal of negative forces. Position the **bowl of salted water in front of you**, and lay the **herbs beside it.**

Light the **charcoal or incense**, allowing the space to be filled with its protective energy.

Invocation for Breaking the Evil Eye

Stand before the **altar**, placing both hands over the **bowl of water**. Close your eyes and **breathe deeply**, focusing on the **sensation of heaviness or negativity that has followed you**.

When ready, recite the invocation:

“By the light of truth and the power of fire,
By the waters that cleanse and the earth that shields,
I break the eye that watches unseen,
I shatter the curse cast in envy’s name.
Let it return to where it was born,
Let my spirit be whole once more.”

Take the **herbs** and place them into the **bowl of water**, stirring them **clockwise three times**, symbolizing the **dissolution of negativity and restoration of purity**.

The Ritual Act of Cleansing and Protection

Dip your **fingertips into the salted water** and gently anoint your **forehead, the back of your neck, and both palms**, saying:

“I cleanse my mind, that no doubt may linger.
I cleanse my path, that no shadow may follow.
I cleanse my hands, that no harm may touch me.
As it is spoken, so it is done.”

Take the **mirror** and turn it outward, **away from you**, then pass it **over your head, down your body, and back up again**, as if pulling away any lingering negativity.

Hold the **mirror up to the black candle**, speaking:

“As flame consumes, so too does this fire burn away all ill will.”

Blow out the **black candle**, symbolizing the **end of the curse**. Immediately light the **white candle**, declaring:

“From darkness, I return to light.
From shadow, I reclaim my power.”

Sit quietly for a few moments, allowing the **new energy to settle**, feeling the **weight lifting as your spirit realigns**.

Offering and Gratitude

Take a moment to thank the **elements and protective forces** for their assistance, saying:

“With gratitude, I stand renewed.
May this protection remain unbroken,
May my path be clear and my energy strong.”

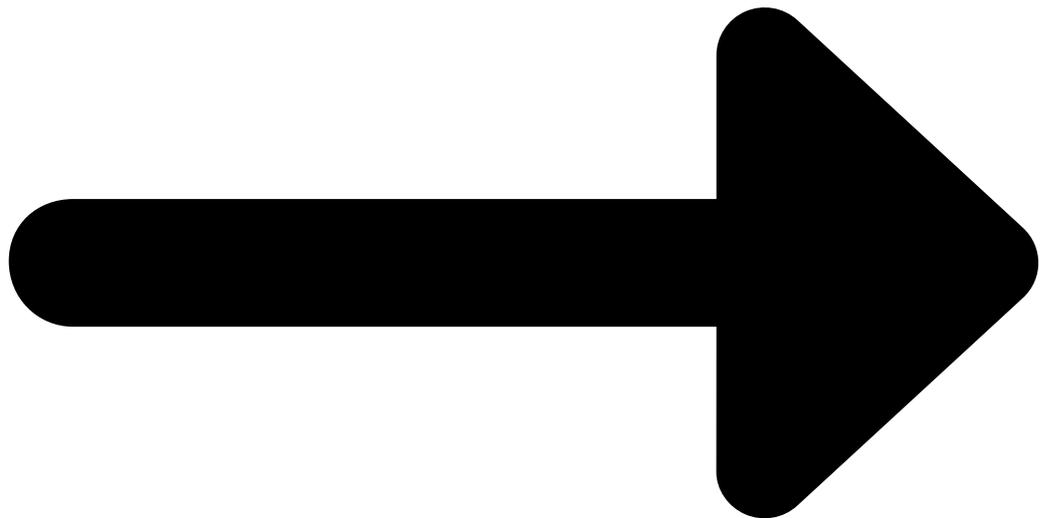
Dispose of the **bowl of water and herbs outside**, pouring them onto the earth, signifying **the release of all harmful energy**. The **mirror can be cleansed and kept** as a **tool of reflection and ongoing protection**.

Terra Incognita Grimoires on Amazon

The **Evil Eye is a force of subtle but potent disruption**, but with this ritual, its influence is **broken, neutralized, and prevented from returning**. Once cleansed, the **seeker moves forward unhindered, free to reclaim their energy, luck, and spiritual strength**.

□ Request Your Personalized Evil Eye Removal Ritual

For those facing **persistent misfortune, unexplained energy attacks, or repeated negative influences**, a personalized ritual can **fully sever the ties to harmful forces**. These custom ceremonies are tailored to your **specific spiritual blockages**, ensuring a **complete clearing and protection against future harm**.



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