



Ritual to Remove the Evil Eye

Posted on March 11, 2025 by Rhyan Hyroc



Understanding the Evil Eye and Its Harmful Influence

The **Evil Eye** is one of the most ancient and insidious forms of **negative energy**, believed to bring misfortune, stagnation, and unseen disturbances into one's life. It is not always cast with intent—sometimes, **envy, resentment, or jealousy** from others is enough to create an energetic burden that weakens vitality, disrupts luck, and manifests as **persistent bad luck, fatigue, or inexplicable obstacles**.

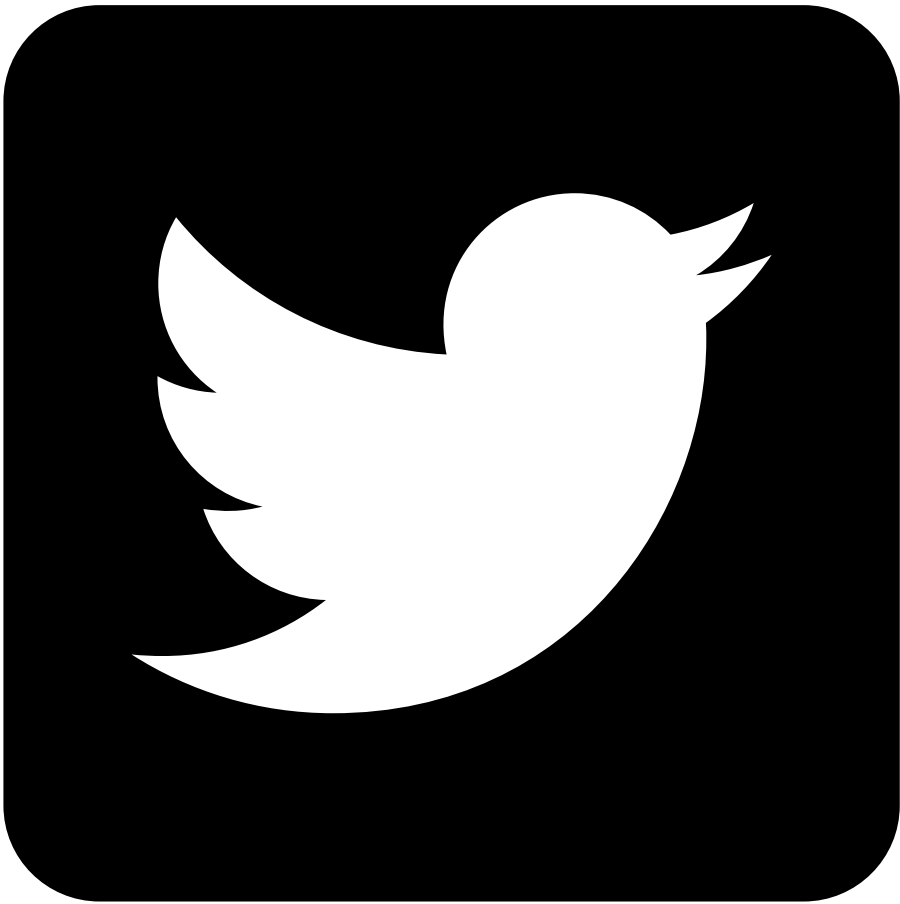
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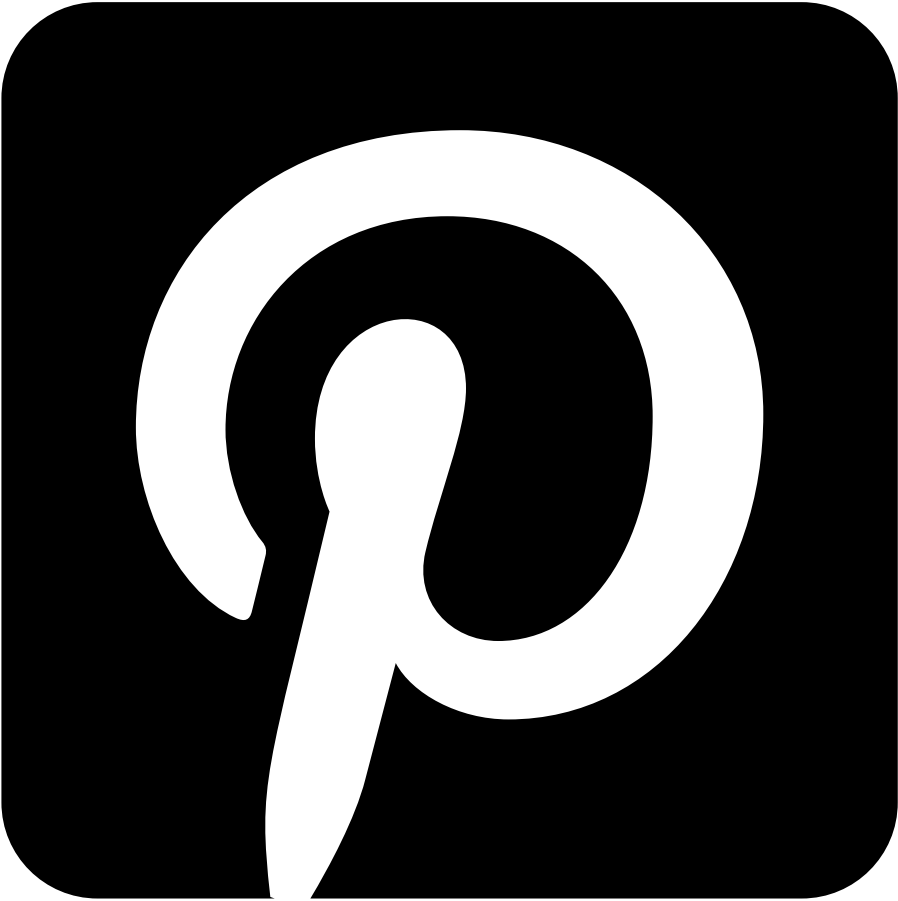


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Many cultures recognize the **Evil Eye as an invisible curse**, an affliction that drains energy and leaves the affected feeling lost, anxious, or weighed down by unexplained negativity. Unlike direct spellwork, the **Evil Eye often lingers in the background**, subtly influencing circumstances, emotions, and overall well-being without clear cause.

Removing it is essential for restoring **personal power, mental clarity, and spiritual protection**. To break its influence, one must **purify their energy, seal their aura, and strengthen their spiritual defenses**, ensuring that external negativity can no longer penetrate their life force.

The Effects of the Evil Eye and Signs of Its Presence

The **Evil Eye is not always immediately visible**, but its effects accumulate over time, creating a pattern of **spiritual, emotional, and physical exhaustion**. Those afflicted may experience:

- **Persistent misfortune** – A series of bad luck, failed ventures, or missed opportunities.
- **Sudden exhaustion and weakness** – Feeling drained despite proper rest, as if one's energy is constantly being depleted.
- **Unexplained anxiety or emotional distress** – A sense of unease, paranoia, or negative thoughts without reason.
- **Physical symptoms without medical cause** – Frequent headaches, dizziness, or a feeling of heaviness around the shoulders and chest.
- **Blocked spiritual connection** – An inability to manifest, connect with intuition, or sense spiritual guidance.

The Evil Eye is like a **silent shadow**, lingering unnoticed but **interfering with one's ability to thrive and move forward**. Recognizing it is the first step; removing it requires **deliberate action, cleansing, and protection**.

Why This Ritual is Necessary for Breaking the Curse

The **Evil Eye thrives on energy imbalances**, weakening one's natural aura and making it easier for **negative influences to persist**. The longer it remains, the stronger its hold, affecting **every aspect of life, from finances to relationships, mental health, and spiritual progress**.

Performing this ritual cleanses the **energetic field**, dismantling the negativity and **breaking the connection to envious or harmful forces**. It seals the aura, preventing further intrusion and allowing **one's natural energy to regenerate fully**.

This ritual is for those who:

- Feel as though **nothing is going right, despite their best efforts.**
- Experience **recurring jealousy or hostility from others.**
- Suffer from **spiritual blockages, loss of motivation, or unexplained fatigue.**
- Seek to **purify their energy and restore balance to their life.**

Once completed, the **curse is broken, energy flows freely again, and protection is reinforced**, ensuring that negative influences **cannot easily return**.

The Ritual to Remove the Evil Eye and Restore Protection

Preparation and Sacred Offerings

To remove the **Evil Eye**, one must create a space of **pure energy**, calling upon the **elements of fire, water, and earth** to dispel negativity and restore balance. The following items are essential:

- **A black candle and a white candle**, symbolizing the removal of darkness and the restoration of light.
- **A bowl of purified water with sea salt**, representing the dissolution of harmful energy.
- **A sprig of fresh rosemary or bay leaves**, sacred herbs of purification and protection.
- **A small mirror**, to reflect and deflect the negativity back to its source.
- **Charcoal or protective incense** such as frankincense, myrrh, or rue.

Creating the Ritual Space

Perform this ritual **at night**, when the veil between the physical and spiritual realms is thin, allowing for a stronger release of **negative energy**. If possible, choose a **quiet, undisturbed place**, either outdoors under the moon or in a dimly lit room.

Set the **black candle to the left** and the **white candle to the right**, placing the **mirror between them** to symbolize the reflection and removal of negative forces. Position the **bowl of salted water in front of you**, and lay the **herbs beside it**.

Light the **charcoal or incense**, allowing the space to be filled with its protective energy.

Invocation for Breaking the Evil Eye

Stand before the **altar**, placing both hands over the **bowl of water**. Close your eyes and **breathe deeply**, focusing on the **sensation of heaviness or negativity that has followed you**.

When ready, recite the invocation:

“By the light of truth and the power of fire,
By the waters that cleanse and the earth that shields,
I break the eye that watches unseen,
I shatter the curse cast in envy’s name.
Let it return to where it was born,
Let my spirit be whole once more.”

Take the **herbs** and place them into the **bowl of water**, stirring them **clockwise three times**, symbolizing the **dissolution of negativity and restoration of purity**.

The Ritual Act of Cleansing and Protection

Dip your **fingertips into the salted water** and gently anoint your **forehead, the back of your neck, and both palms**, saying:

“I cleanse my mind, that no doubt may linger.
I cleanse my path, that no shadow may follow.
I cleanse my hands, that no harm may touch me.
As it is spoken, so it is done.”

Take the **mirror** and turn it outward, **away from you**, then pass it **over your head, down your body, and back up again**, as if pulling away any lingering negativity.

Hold the **mirror up to the black candle**, speaking:

“As flame consumes, so too does this fire burn away all ill will.”

Blow out the **black candle**, symbolizing the **end of the curse**. Immediately light the **white candle**, declaring:

“From darkness, I return to light.
From shadow, I reclaim my power.”

Sit quietly for a few moments, allowing the **new energy to settle**, feeling the **weight lifting as your spirit realigns**.

Offering and Gratitude

Take a moment to thank the **elements and protective forces** for their assistance, saying:

“With gratitude, I stand renewed.
May this protection remain unbroken,
May my path be clear and my energy strong.”

Dispose of the **bowl of water and herbs outside**, pouring them onto the earth, signifying **the release of all harmful energy**. The **mirror can be cleansed and kept** as a **tool of reflection and ongoing protection**.

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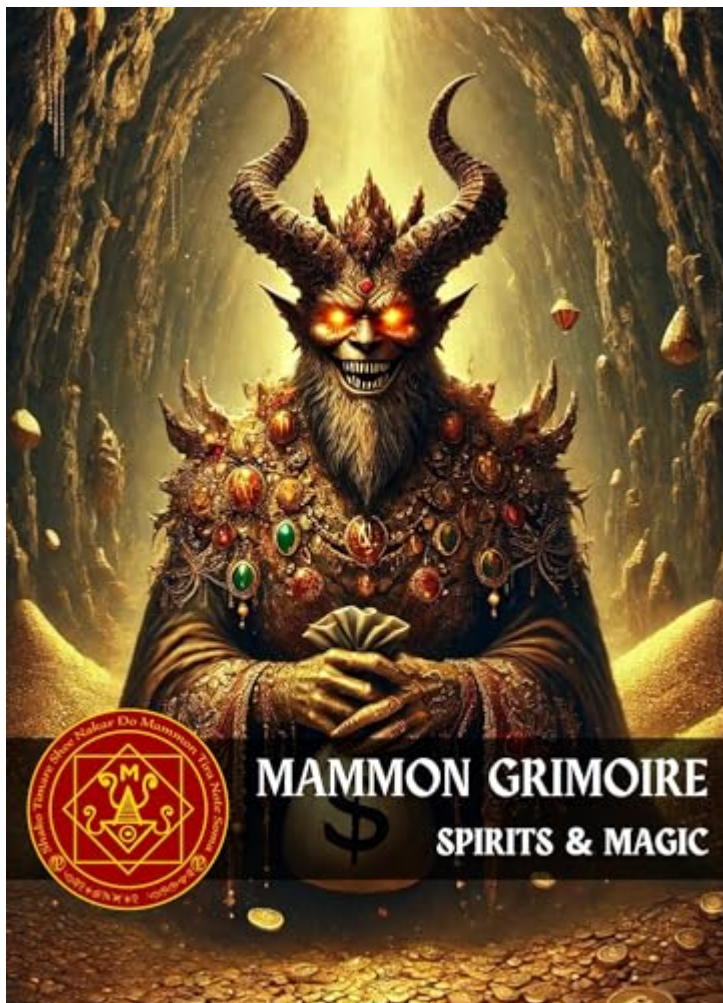


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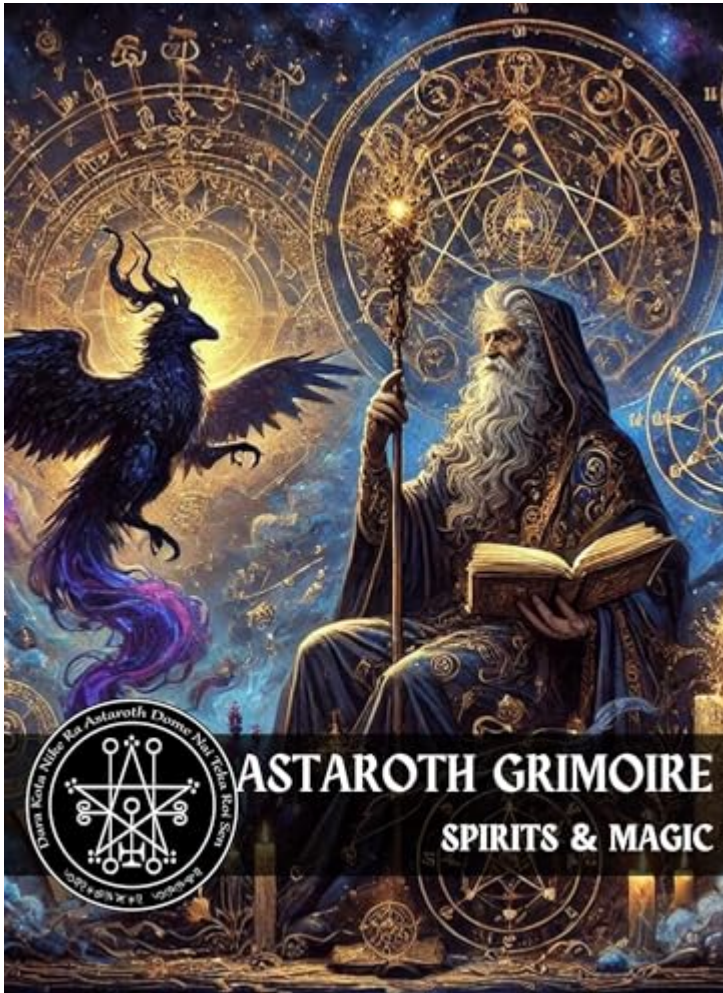


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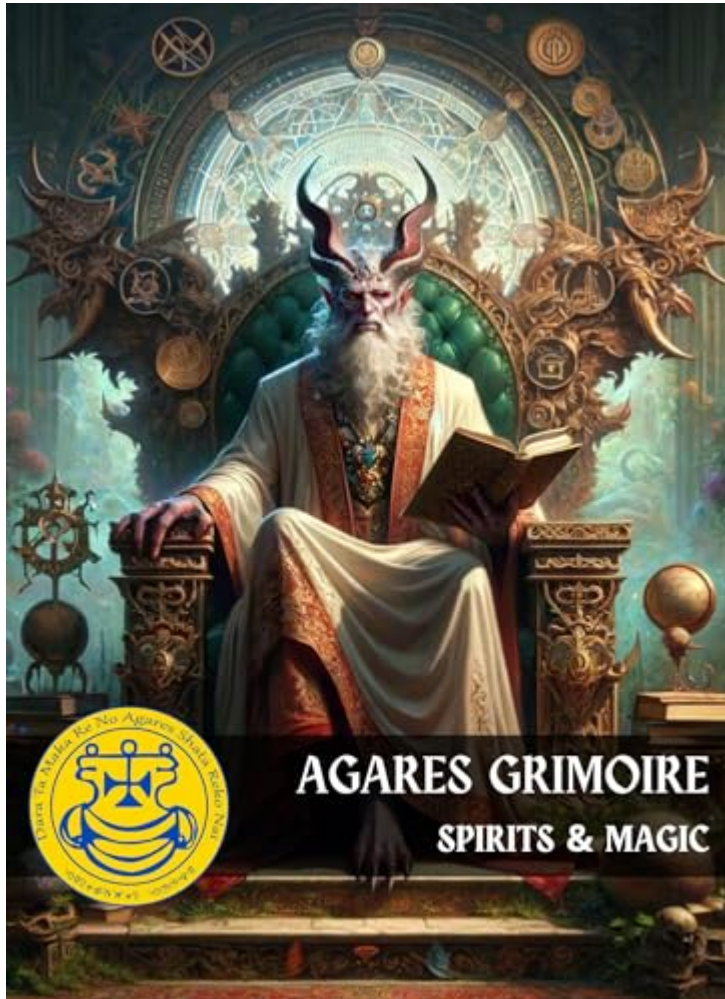


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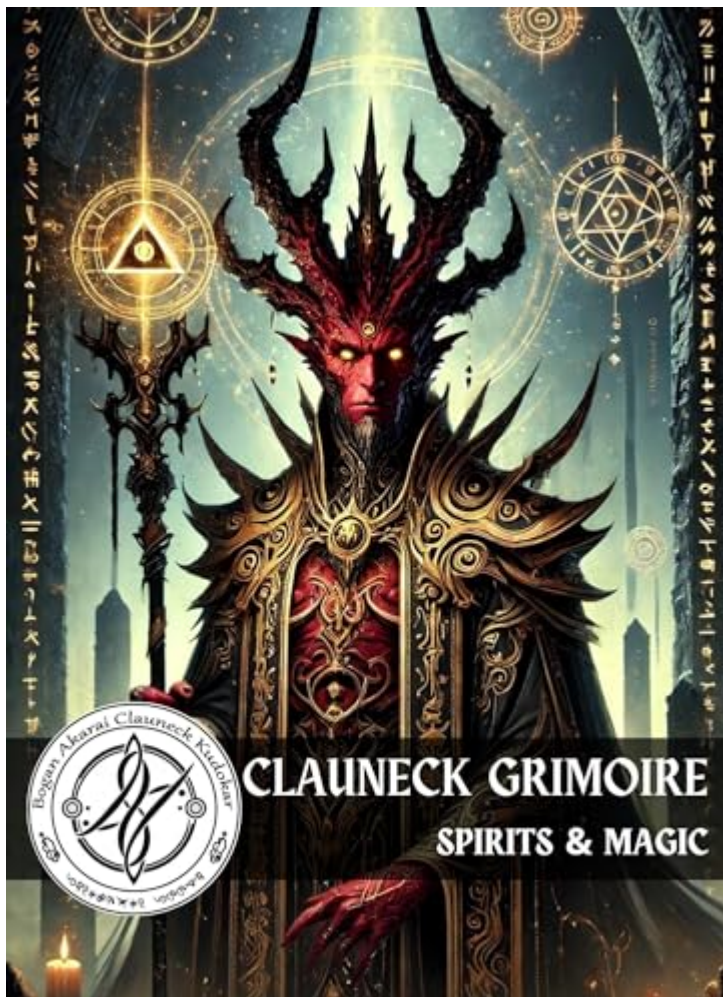


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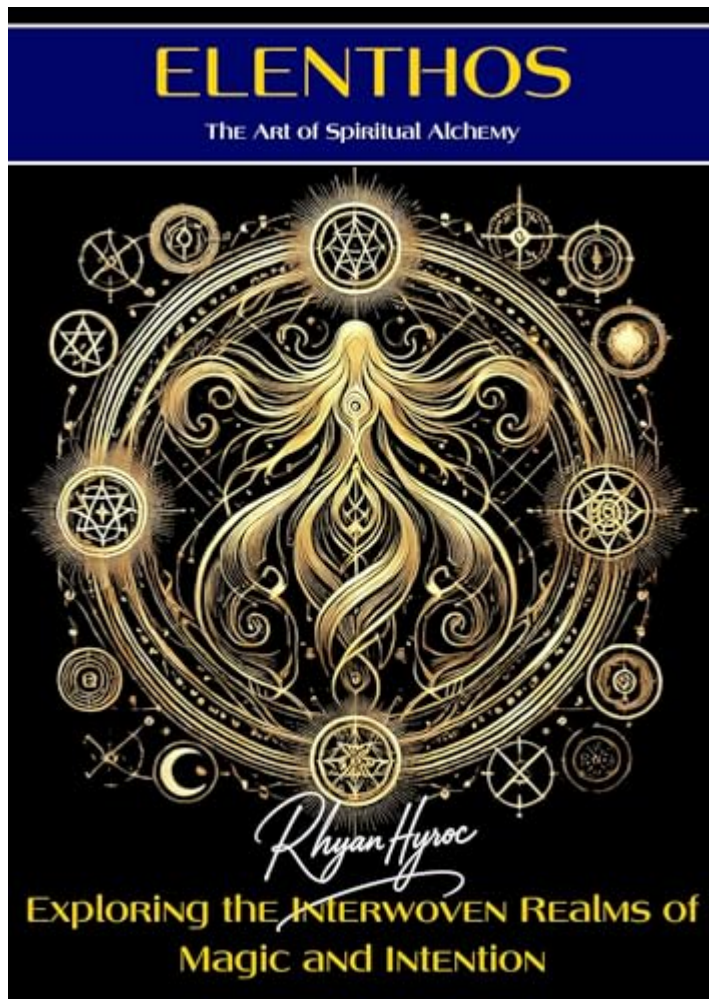
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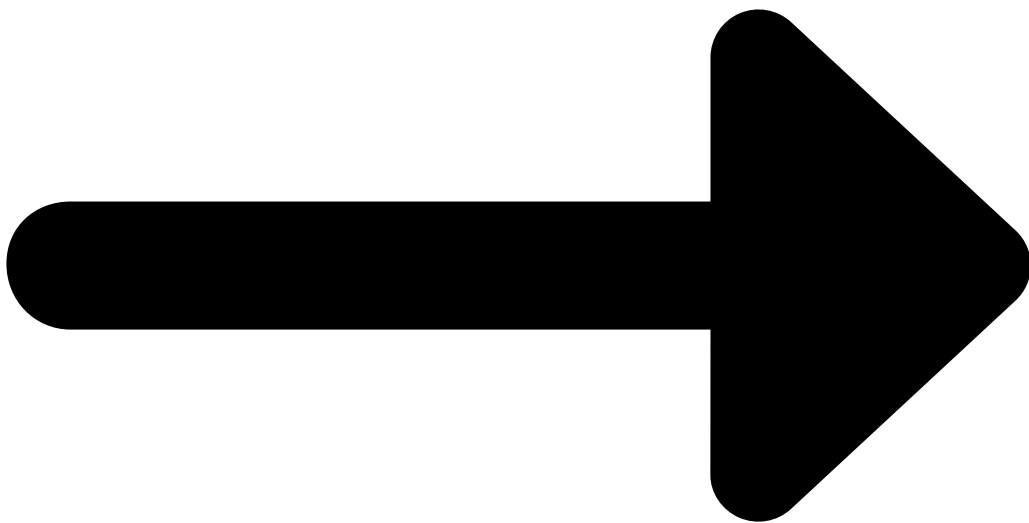
The **Evil Eye** is a force of subtle but potent disruption, but with this ritual, its influence is **broken, neutralized, and prevented from returning**. Once cleansed, the **seeker** moves forward unhindered, free to reclaim their energy, luck, and spiritual strength.

□ Request Your Personalized Evil Eye Removal Ritual

For those facing **persistent misfortune, unexplained energy attacks, or repeated negative influences**, a personalized ritual can **fully sever the ties to harmful forces**. These custom ceremonies are tailored to your **specific spiritual blockages**, ensuring a

complete clearing and protection against future harm.

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Rhyon Hryoc | CEO

Rhaen Hryoc Headmaster of the Terra Incognita Academy Co-Founder of the Terra Incognita Coven **Rhaen Hryoc** is the principal visionary behind the Terra Incognita Academy and a co-founding member of the Terra Incognita Coven. With decades of lived magical practice and formal training across East and West, he is one of the rare few capable of bridging ancient esoteric lineages through authentic transmission. His life's mission is to give people

direct access to real, initiatory magic—taught in the tradition of his coven’s sacred lineage—while opening new pathways through communion with higher spirits and long-forgotten languages. Lived Practice Across Traditions and Time Rhaen’s initiatory path began formally in 2005 under the mentorship of the late Headmaster White Sortarius. What began as apprenticeship within the inner circle of the Terra Incognita Coven soon became a greater mission: transforming the coven into a living, accessible institution for spiritual seekers worldwide. As the principal architect of the Terra Incognita Academy’s digital rebirth, Rhaen has guided its evolution into a structured platform for magical learning and higher initiation. He has conducted thousands of rituals, spirit transmissions, and attunements—both in person and remotely—helping practitioners unlock powers once thought unreachable. Entered the Terra Incognita Coven in 2005 as an apprentice Principal architect of the online Academy and its global reach Led over 1,000 spirit initiation rituals across systems Initiated practitioner of astral, infernal, and celestial currents Trained in Japan in *Onmyōdō* and Reiki with lineage-holding masters First to document live channeling with the **Elenthos Spirits**, a rare spiritual current tied to primordial void intelligence Today, Rhaen Hryoc continues to lead the Terra Incognita Academy into new frontiers of magic, language, and spiritual embodiment, serving as a living bridge between worlds—ancient and modern, seen and unseen.

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