

# How Do I Know What Spiritual Gift I Have?

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## The Call to Remember

If you're asking yourself "*What spiritual gift do I have?*" you're already halfway there. The very fact that the question has risen within you is a sign: **your soul is awakening** to something ancient, something intrinsic, something coded into the essence of who you are.

Spiritual gifts are not rare exceptions given to a chosen few—they are **universal potentials** embedded in every soul, waiting to be activated, remembered, and refined. You may have glimpsed yours in childhood intuition, prophetic dreams, unexplained empathy, or uncanny knowing. Or perhaps your gifts remain hidden beneath layers of doubt, trauma, or suppression.

In this guide, you'll learn how to recognize the signs of your unique spiritual gift, what types of gifts commonly emerge, and how to **awaken them fully** through self-inquiry, ritual, and attunement.

## What Are Spiritual Gifts?

Spiritual gifts are **non-physical abilities or sensitivities** that allow you to interact with energy, spirit, and consciousness beyond the five senses. They range from intuitive perception to healing, channeling, divine communication, and more.

Spiritual gifts are not always dramatic or overt. Some are subtle, quiet, and deeply personal. But all spiritual gifts share one thing in common: they are **tools of**

**purpose.** You were given them not to impress others, but to fulfill your soul's contract with the divine.

### Common Types of Spiritual Gifts:

- **Clairvoyance:** Clear seeing of energy, spirit, or potential futures
- **Clairaudience:** Hearing spiritual guidance, inner voices, or divine sounds
- **Clairsentience:** Feeling energy or emotions not your own
- **Mediumship:** Communicating with spirits, ancestors, or the dead
- **Energy Healing:** Channeling life force to heal emotional, physical, or energetic wounds
- **Prophecy:** Receiving divine insight or foresight
- **Dreamwork:** Receiving messages and guidance through dreams
- **Channeling:** Transmitting messages from spiritual beings or collective wisdom
- **Telepathy or Empathic Connection:** Intuiting unspoken thoughts or emotional truths
- **Sacred Art or Writing:** Creating work infused with divine codes or transmissions

## Signs You Have a Spiritual Gift

Many people expect spiritual gifts to appear as sudden powers. In reality, they often emerge as **patterns** over time. Here are key signs you may already be using your gift without realizing it:

### 1. You've Always Been "Sensitive"

You feel others' emotions deeply, walk into a room and feel the energy shift, or get overwhelmed in crowds. This points toward **clairsentience or empathic healing**.

### 2. You Have Prophetic Dreams or Vivid Visions

If your dreams regularly come true, or you see symbolic images during meditation or rest, this indicates **clairvoyance or dream-based channeling**.

### 3. You Hear Internal Guidance or Divine Voices

If you receive intuitive "downloads," inner voices, or clear words that seem to come from beyond your thoughts, you may be **clairaudient or a divine channel**.

## 4. You Feel Called to Help People Heal

If people naturally come to you for comfort, clarity, or restoration—and you intuitively know how to hold space—you likely have a **healing gift**, even if it hasn't been formally trained.

## 5. You Experience Synchronicities or Feel Spiritually Guided

If repeating numbers, signs, or uncanny “coincidences” lead your path, your spiritual gifts may be actively **communicating through the environment**.

## 6. You've Had a Spiritual Awakening or Near-Death Experience

Life-altering spiritual experiences often **unlock dormant gifts**, especially mediumship, prophecy, or healing.

## 7. You're Drawn to Sacred Knowledge

If you're magnetized by esoteric texts, rituals, or ancient spiritual systems, it often signals that you're meant to **reactivate wisdom held from previous incarnations**.

# How to Discover What Spiritual Gift You Have

While signs and intuition are powerful, sometimes you need structured methods to reveal your unique gifts. Here are practical ways to uncover yours:

## 1. Meditate on Your Inner Temple

In a quiet space, visualize entering a sacred inner temple. Ask your higher self or spirit guide to show you the gift that lives within you. Be patient and open. You might see a symbol, hear a phrase, or feel a sensation in a part of your body.

## 2. Use Divination Tools

Angel oracle cards, spiritual tarot, or rune casting can offer **external reflections of internal truths**. Ask: “What spiritual gift is trying to emerge through me?” and pull one or more cards. Look for repeating archetypes like The High Priestess (intuition), The Star (healing), or The Magician (channeling).

### 3. Study Your Energy Centers

Each chakra correlates with certain spiritual abilities:

- **Crown (Sahasrara):** Divine wisdom, cosmic connection
- **Third Eye (Ajna):** Clairvoyance, inner sight
- **Throat (Vishuddha):** Clairaudience, divine speech
- **Heart (Anahata):** Healing, empathy, soul communication
- **Solar Plexus (Manipura):** Prophetic power, spiritual leadership
- **Sacral (Svadhisthana):** Mediumship, creative channeling
- **Root (Muladhara):** Earth intuition, body-based gifts

Pay attention to which chakras activate during meditation, dreams, or spiritual work.

### 4. Ask Your Guides Directly

You don't have to figure it all out alone. Your spiritual team—angels, ancestors, deities, or higher self—already knows what you carry. Speak to them. Write your question on paper. Ask it aloud. Then listen.

A true sign of a gift is when **the same guidance comes from multiple sources**—a dream, a reader, a conversation, an inner knowing.

### 5. Receive a Spiritual Reading

Sometimes, clarity comes through a trusted seer or intuitive. A spiritual reading can **reveal blocked, dormant, or underdeveloped gifts** you've overlooked. This works especially well when combined with angelic or soul path readings.

## The Role of Attunement in Awakening Spiritual Gifts

Spiritual gifts don't just awaken—you must **attune to them**. Attunement is the process of harmonizing your body, mind, and energy field to the frequency of the gift and the **divine intelligence behind it**.

For example, someone with healing potential may need attunement to angelic

frequencies like those of Archangel Raphael to fully activate their power. Someone with the gift of spiritual vision may attune to guides like Uriel or divine archetypes like Sophia.

Attunement can be received through:

- **Initiatory rituals**
- **21-day activation practices**
- **Daily mantra and sigil meditation**
- **Energetic transmission from a spiritual teacher or tradition**

Without attunement, your gifts may remain ungrounded, overwhelming, or blocked. With attunement, they become precise, clear, and sustainable.

## Can You Have More Than One Spiritual Gift?

Yes. Most people carry **multiple gifts**, though one or two may be dominant at a time. As you evolve spiritually, different gifts may emerge depending on your soul mission, life phase, and energetic readiness. A person may begin with healing abilities and later unlock prophecy, mediumship, or creative channeling.

Think of your spiritual gifts as a **garden**, not a single tree. Some grow fast. Others bloom later. All require nurturing.

## How to Nurture and Develop Your Gift

Once you recognize your gift, don't rush to monetize it or proclaim mastery. Instead, deepen your relationship with it:

- Practice daily. Even 10 minutes of focused work keeps the channel open.
- Keep a spiritual journal to record dreams, visions, or guidance.
- Study sacred texts, courses, or teachers aligned with your gift.
- Cleanse your energy field regularly through breathwork, sound, or nature.
- Stay humble. Spiritual gifts are **for service, not status**.

## Discover and Activate Your Spiritual Gifts at

## Terra Incognita Coven

If you feel your spiritual gift stirring beneath the surface—or you’re ready to stop guessing and **fully activate your soul’s power**—the **attunement journeys at Terra Incognita Coven** are designed for you.

These 21-day courses offer:

- Energetic transmissions to awaken specific gifts (healing, channeling, divination)
- Alignment with spiritual beings like angels, Olympic spirits, or divine archetypes
- Structured mantra, sigil work, and rituals to clear blocks and refine power
- A permanent shift in your intuitive capacity, clarity, and spiritual focus

You don’t need to “earn” your gift. You need to **remember it**—and Terra Incognita Coven offers the sacred tools to do just that.

Begin your journey of spiritual remembrance now at  
[terraincognitacoven.com/courses](http://terraincognitacoven.com/courses)