

# How to do an Initiation

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TERRA INCOGNITA  
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The **21-Day Ritual Attunement** at Terra Incognita Coven Academy is more than a spiritual practice—it is a complete transformation system rooted in commitment, energetic precision, and sacred architecture. Designed to initiate and align you with a specific spiritual force—be it a demon, angel, deity, or cosmic intelligence—this ritual cycle is the foundation of all our attunement courses.

Each step is intentional. Each action builds resonance. This sacred journey merges daily mantra recitation with distant rituals performed by Terra Incognita masters. The final result is a **permanent energetic bond** with the spirit and the revelation of your **personal power word**, a vibrational key encoded uniquely for your soul's blueprint.

Let us walk through this sacred process together.

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## Your Daily Devotion: The Mantra Practice

At the core of the attunement is your **daily mantra**—a sequence of sacred words in the power language **Rakh Enagh**, created to harmonize your energy with the current of the spirit you are attuning to.

- You will recite this mantra **once, three times, six times, or nine times** per day, depending on your intuition and depth of connection.
- The mantra may be spoken aloud, whispered, or voiced internally—it is your energetic presence that gives it power.
- You are encouraged to perform the mantra while focusing on the **spirit's sigil**,

either printed, drawn, or visualized.

- Each mantra is designed specifically for the attunement and must be repeated daily without interruption for 21 days.

To support your journey, you receive a **pronunciation audio file** for accuracy, rhythm, and resonance. This sound transmission guides you in aligning your tone with the energetic field of the spirit, ensuring that the attunement is clean and precise.

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## The Seven Master Rituals

While you are engaged in daily mantra work, **seven powerful rituals** are performed on your behalf by experienced Terra Incognita Masters. These rituals are performed remotely and are essential to the structure of the attunement.

Each ritual has a specific purpose:

1. **Opening the Gate** – Establishes the initial spiritual contact
2. **Energetic Calibration** – Harmonizes your frequency with the spirit's current
3. **Field Purification** – Clears blockages, ancestral interference, and psychic residue
4. **Core Alignment** – Strengthens the energetic channel
5. **Density Release** – Removes emotional or mental obstacles to communion
6. **Soul Anchoring** – Grounds the attunement in your long-term energy system
7. **Sealing the Bond** – Finalizes the connection and stabilizes the transformation

These rituals work silently in the background, subtly shifting your reality as the bond forms. You may notice increased dreams, synchronicities, emotional releases, and expanded awareness during this time.

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## The Rule of Completion: No Missed Days

The 21-day attunement must be performed **without skipping a single day**. This is essential.

- Missing even one day interrupts the energetic build-up and dissolves the connection.
- If a day is missed, the entire cycle must be restarted from the beginning.
- This strict structure ensures that the energetic matrix remains intact and effective.

By remaining consistent, you demonstrate to both the spirit and your own higher self that you are ready to receive the full current and responsibility of the attunement.

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## The Revelation: Receiving Your Unique Power Word

At the end of your 21-day cycle, you will **contact the Academy within 24 hours** to confirm your completion. Upon verification, you will receive your **personal power word**.

This word is not arbitrary.

- It is channeled by the masters, aligned with your energetic imprint, and **replaces the generic mantra** you've been using.
- It is encoded to give you **direct access** to the spirit's current without needing to return to the full ritual.
- Your power word is a tool for activation, manifestation, and protection—use it in meditations, affirmations, or when calling on the spirit.

This sacred word becomes your **permanent key**, a personalized access code to the spiritual current you've bonded with. No one else will ever receive the same word. It is yours alone.

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## A Living Ritual, A Lifelong Transformation

The **21-Day Ritual Attunement** is not merely an exercise in spiritual discipline. It is a **rite of passage**, a contract, and a gateway to multidimensional transformation.

You may begin with the intention of gaining clarity, protection, love, or success. But what you receive is always far greater:

- A deepened connection to unseen worlds
- A new layer of spiritual sovereignty
- An unshakable core of focus and energy
- A sense of divine support that lives with you

When you complete this journey, the spirit does not simply visit you—it **lives within your energetic field**, ready to respond, guide, and activate.

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## What to Expect During the Cycle

As your attunement deepens, you may notice:

- **Vivid dreams** with symbolic messages
- **Emotional releases** as density clears
- **Sudden clarity** in areas previously blocked
- **Signs, numbers, names, or visions** related to the spirit
- A feeling of spiritual presence or ambient support

Every initiate experiences the cycle differently. You are encouraged to **journal your experience**, note all changes, and observe the subtle ways the spirit enters your life.

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## You Are the Channel

This ritual is a mirror of your will. When you commit to it with intention, openness, and consistency, the results are undeniable. You become the living channel of the energy you once sought. You become the altar, the invocation, the sigil.

**The 21-Day Attunement is the first gate. What awaits beyond is the life you were meant to live.**