

# Taking Care of your amulet or ring

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*A Two-Part Ritual for Physical and Energetic Purification*

Your **amulet or power ring** is more than a decorative item—it is a vessel of focused intent, sacred energy, and spiritual resonance. Over time, these tools interact with your aura, absorb environmental influences, and carry the imprint of your emotional experiences. Regular cleansing—both physical and energetic—is essential to keep the item aligned with its intended purpose.

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## Part I: Physical Cleaning

*Honoring the Vessel Before Recharging the Power*

### Why Physical Cleaning Matters

Before any form of spiritual work, the surface of the object must be clear. Oils, dust, smoke, and physical grime create a subtle layer of interference that can **dampen the energetic signal** of your tool. By physically cleaning the item, you honor its role and ensure that it serves as a clean channel for higher forces.

### When to Physically Clean Your Item

- After periods of intense emotional or spiritual use
- If exposed to dirt, smoke, perfumes, or harsh environments
- Prior to a new ritual phase or magical working
- When reactivating an item that hasn't been used for some time

## **Tools and Materials You'll Need**

- A soft white cloth (cotton or natural fiber is best)
  - Spring or filtered water (avoid tap water to reduce vibrational contamination)
  - A bowl for rinsing
  - Unscented natural soap (only when needed)
  - Optional: soft-bristle toothbrush for intricate details
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## **Material-Specific Cleaning Instructions**

### **Stainless Steel Amulets or Rings**

- Dampen the cloth with warm, clean water
- Gently wipe all surfaces to remove oils and particles
- If residue persists, apply a drop of natural soap and use a soft cloth or toothbrush to gently clean
- Rinse with filtered water
- Dry thoroughly with a clean, dry cloth

### **Sterling Silver Amulets or Rings**

- Wipe with water and a soft cloth only—avoid all harsh chemicals
- If tarnish appears, polish gently using a silver cleaning cloth or a paste of baking soda and water
- Rinse with spring water and pat dry immediately (never air-dry)

### **Items with Inlays, Crystals, or Gemstones**

- Never soak in water
  - Use a slightly dampened cloth to clean around the settings carefully
  - Avoid pressure or brushing near delicate components
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## Part II: Energetic Cleansing

### *Restoring the Spiritual Frequency of Your Magical Tool*

Once the surface is clean, the **energetic field** of the item must also be renewed. Every power ring or amulet accumulates psychic residue from daily life, emotions, rituals, and external contact. Regular energetic cleansing restores **clarity, resonance, and spiritual alignment**.

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### Why Energetic Cleansing Is Critical

Your tool carries a specific spiritual current—be it from a Goetia demon, angel, Elenchos being, or Olympian god. That connection becomes fogged if left uncleaned. Just as a musical instrument requires tuning, your amulet must be cleared of energetic noise to **maintain a strong spiritual signal**.

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### When to Perform Energetic Cleansing

- During full or new moon phases (times of spiritual recalibration)
  - After emotionally charged events or spiritual interference
  - Before and after major rituals or spellwork
  - When the item feels dull, cold, or disconnected
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### Methods of Energetic Cleansing

#### 1. Smoke Cleansing with Sacred Incense

Smoke carries intention and acts as a purifier. Select incense that corresponds with the spirit or energy of your item:

- **Myrrh, frankincense, or storax** for most demons from the Ars Goetia
- **Sandalwood or white copal** for Elenchos entities
- **Laurel, jasmine, or bay leaf** for Olympian gods

- **Pine or dragon's blood** for warrior spirits or protectors

### Steps:

1. Light the incense and allow the smoke to rise fully.
2. Hold the amulet or ring over the smoke, rotating it slowly.
3. Speak your cleansing intention aloud. For example: *"Through this sacred smoke, I dissolve all unwanted energy. May this vessel be restored to purity, Realigned with the force it was forged to carry."*
4. Remain focused and calm. Allow the smoke to saturate every angle of the item.

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## Additional Energetic Cleansing Techniques (Optional)

### Full Moon Charging

Place the item under the full moon overnight on a natural surface (wood, cloth, or earth) to reset and empower it.

### Sound Cleansing

Use a singing bowl, bell, or tuning fork to disrupt and clear stagnant vibrations. Let the sound wave pass through the item until you sense clarity return.

### Salt Circle Resting

Surround the item in a ring of sea salt (do not bury it) for a few hours to absorb lingering energy. Follow with smoke or sound to finalize.

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## Conclusion: Respecting the Ritual Tool

By regularly cleaning both the physical form and energetic field of your amulet or power ring, you ensure it remains **a clear vessel for manifestation, protection, and transformation**. Just as your own spiritual body benefits from meditation, rest, and cleansing, your magical tools must also be treated with reverence and care.

## Taking Care of your amulet or ring

They are not ornaments. They are **active companions** on your path.

**Repeat this full cleaning process as needed**, and your connection to your spiritual allies will remain strong, luminous, and deeply aligned.